



## Regional Cancer Programs.

Regional Cancer Programs are networks of hospitals and other agencies involved in providing cancer prevention, screening, diagnostic, treatment and support services within the province.

Regional Cancer Programs are responsible for implementing provincial standards and programs for cancer care and making sure service providers meet the requirements and targets set out in their partnership agreements with Ontario Health - Cancer Care Ontario (OH-CCO).

**Mississauga Halton Central  
West Regional Cancer Program**

Ontario Health (Cancer Care Ontario)

# FAQ: Screening

## Who is eligible for a mammogram? And how do I book one?

- Most people aged 50 – 74 years should have a mammogram every two years. Anyone with a family history of cancer may be eligible sooner – talk to a healthcare provider.
- Eligible participants can self-refer to get a mammogram by calling the Ontario Breast Screening Program site where you had your last mammogram, or the toll-free number 1-800-668-9304 to find a site near you.

## What is a FIT Kit? And how do I get one?

- The fecal immunochemical test (FIT) is an at-home colorectal cancer screening test. To get your free FIT Kit, talk to your healthcare provider. If you do not have a family doctor or nurse practitioner, you can get a FIT Kit by calling Health Connect Ontario at 1-866-828-9213.

## Who is eligible for a PAP test? And how do I get one?

- Currently, the Ontario Cervical Screening Program recommends that anyone with a cervix (women, transmasculine and non-binary people) who is or ever has been sexually active have a Pap test every 3 years starting at age 25.
- Call your healthcare provider to schedule a Pap test. If you do not have a family doctor or nurse practitioner, call Health Connect Ontario at 1-800-445-1822.



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[www.thp.ca/CancerServices](http://www.thp.ca/CancerServices)

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