

Where to Start...Fertility and Infertility

Resources to help you learn how cancer treatment can affect your fertility (ability to have children), and how you can protect it.

What can I do if I am worried about being able to have children?

- Tell your health care team what is important to you
- Find out what your options are to protect your fertility
- To get help with any thoughts and feelings you may be having, speak with an Oncology Social Worker

Which books can I read?

1. **Title:** Sexuality and Fertility After Cancer
Author: Leslie R. Schover
2. **Title:** Women, Cancer, Sex
Author: Anne Katz
3. **Title:** Man, Cancer, Sex
Author: Anne, Katz

Where can I find information online?

Canadian Cancer Society

Visit the [Fertility Problems page](https://www.cancer.ca/en/cancer-information/diagnosis-and-treatment/managing-side-effects/fertility-problems/?region=on) on the Canadian Cancer Society's website:
<https://www.cancer.ca/en/cancer-information/diagnosis-and-treatment/managing-side-effects/fertility-problems/?region=on>

American Cancer Society

Visit the [American Cancer Society's website](#):

<https://www.cancer.org/treatment/treatments-and-side-effects/physical-side-effects/fertility-and-sexual-side-effects.html>

Oncolink Cancer Resources

Visit the [Sexuality and Fertility webpage on the Oncolink website](#):

<https://www.oncolink.org/support/sexuality-fertility>

How can I get help with paying for a fertility procedure?

Fertile Future

This organization has programs that may help you pay for a procedure to protect your fertility. To make sure that they will be able to help you, **please apply to this program before getting a procedure.**

- Call: 1-877-467-3066
- Visit [Fertile Future's website](http://www.fertilefuture.ca): www.fertilefuture.ca

Service Canada

You may be able to claim the cost of a fertility procedure when you file your taxes. For more information, you may call Service Canada at **1-800-959-8281**, or visit [Service Canada's Medical Expenses Tax Credit webpage](#)

You may also go to <https://www.canada.ca/en/revenue-agency/programs/about-canada-revenue-agency-cra/federal-government-budgets.html>

- Click on **Budget 2017 – Building a Strong Middle Class**
- Click on **Medical Expenses Tax Credit – Reproductive Technologies**

Where can find other information and support in my community?

Young Adult Cancer Canada

This organization supports young adults who are living with cancer.

- For more information, visit [Young Adult Cancer Canada's website](http://www.youngadultcancer.ca):
www.youngadultcancer.ca

Cancer Chat Canada

This website offers online support groups for Canadians affected by cancer. Professionals leads the online support groups.

- To join a free online chat group, visit [Cancer Chat Canada's website](http://www.cancerchatcanada.ca):
www.cancerchatcanada.ca

Wellspring

This community organization has many centers across Canada. They offer free services to anyone who has cancer.

- Call: 1-877-499-9904
- For more information, visit [Wellspring's website](http://www.wellspring.ca): www.wellspring.ca

Canadian Cancer Society

To find out how you can get support from the Canadian Cancer Society, visit their [Support Services webpage](https://www.cancer.ca/en/support-and-services/support-services/how-we-can-help/?region=on): <https://www.cancer.ca/en/support-and-services/support-services/how-we-can-help/?region=on>

Important Note:

Trillium Health Partners made this document to provide patients, families and caregivers with resources to help them find resources about fertility. Trillium Health Partners does not endorse any community services or resources

mentioned in this document. The information in this document does not replace medical advice. Every effort has been made to ensure information in this document is complete, correct and up-to-date but no guarantee is made to that effect. By using this document, you agree to use any of the resources mentioned at your own risk. If you have any questions or concerns about the information in this document, please talk to your healthcare team.

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