

LOCAL PARTNERSHIP EXPANDS ACCESS TO HIGH QUALITY IN HOME CARE

24/7 supports available to patients in their home thanks to a new partnership between CANES Community Care and Trillium Health Partners.

February 21, 2023 (Mississauga, Ontario) – Trillium Health Partners (THP) and CANES Community Care are pleased to be collaborating to deliver a new community-based program to support patients transitioning from hospital to home sooner. Called *THP@home*, the new program offers time-limited support that allows patients complete their recovery at home, or wait safely at home for longer-term community-based services, such as ongoing home care or admission to long-term care.

THP@home is a partnership with THP and CANES Community Care that allows patients who no longer require hospital care to return home sooner with the support of community care providers. With dedicated Care Navigator support to oversee each patient's transition plan and recovery after discharge from the hospital, THP@home offers a variety of supports based on unique patient needs. This includes connections with community support services such as transportation or meal delivery, coordinating with the patient's family physician or helping them get connected to a physician if they don't have one, and setting up safe and appropriate in-home care.

THP@home offers a system of care that helps patients feel confident they can go home safely from the hospital, supported by a home and community care system that's there when they need it. THP@home offers a combination of direct care services based on the assessed requirements for each patient, which might include a personal support worker (PSW), clinical nursing care, and rehabilitation supports such as physiotherapy and occupational therapy. The THP@home Care Navigator remains connected to and involved with patients after they leave the hospital, checking in and adjusting the care plan and services as needed.

"THP continues to work with partners to find locally-driven solutions to meet the care needs of the community we serve," said Stephanie Joyce, Senior Vice President, Patient Care Services and Health System Integration. "The hospital is a place to get medically stable; home is where you get better and truly recover. THP@home is another way for us to provide people with the care they need to get home from the hospital sooner--which is what our patients tell us they want—and helps ensure hospital beds are available for the sickest patients who need them most"

"CANES Community Care is pleased to partner with Trillium Health Partners to launch the new THP@home program. We believe this much needed service in the community will support patients as they transition home from the hospital and will reduce their recovery time in the comfort of their own home," noted Gord Gunning, CEO, CANES Community Care. "We expect that with the appropriate community supports and in-home care that hospital readmissions will be reduced."

Brampton resident Mrs. G was the first patient to complete the THP@home program in December 2022. When she came to the Credit Valley Hospital Emergency Department, Mrs. G was living at home, but due to back pain, her independence, her mobility, and her ability to care for herself was compromised.

"When I heard about this program it just made my day. I didn't want to stay in the hospital and I want to be in my home", said Mrs. G. Following assessment by the hospital and coordination with the THP@home Care Navigator, Mrs. G was identified as an ideal candidate for the program. Daily PSW visits, in-home physiotherapy, nursing care and equipment rental were quickly put in place, and Mrs. G was able to avoid a longer stay in the hospital.

THP@home Care Navigators meet with patients that would benefit from the program while they are still in hospital to fully explain the program and what to expect when returning home. Not everyone is an eligible candidate for THP@home. THP@home works closely with many partners, including Home and Community Care Support Services. If you are not admitted to the hospital and you or a loved one require home care, please speak with your family physician or other primary care provider for a referral or contact Home and Community Care Support Services directly at 310-2222.

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ABOUT TRILLIUM HEALTH PARTNERS (THP)

Trillium Health Partners (THP) is one of the largest community-based hospital systems in Canada. Comprised of Credit Valley Hospital, the Mississauga Hospital and the Queensway Health Centre, THP serves the growing and diverse populations of Mississauga, West Toronto, and surrounding communities. THP is a teaching hospital affiliated with the University of Toronto, is an associate member of the Toronto Academic Health Science Network and a proud member of Mississauga's Ontario Health Team. THP is committed to reducing inequities and improving health in the community. Visit www.trilliumhealthpartners.ca.

ABOUT CANES COMMUNITY CARE

CANES Community Care is a lead agency in transitional care in the Ontario Health Central Region. The agency now offers 15 different care services to over 5,000 clients living in Brampton, Malton, Etobicoke, Woodbridge, Caledon, Orangeville, Halton Hills, Milton, Oakville and Mississauga. CANES Community Care is Accredited with Exemplary Standing, the highest rating a Canadian community health service provider can receive from Accreditation Canada. For further information please visit www.CANES.on.ca or connect with CANES on its social media platforms. Facebook, Instagram and Twitter: @CANESCommunity #CANESCares.

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