

Financial and Legal Resources

Financial Assistance

The Government of Ontario website below offers information about tax credits, benefits and government pensions available for seniors in Ontario, including veterans.

<https://www.ontario.ca/page/seniors-manage-your-finances>

Power of Attorney (POA)

There are two types of Power of Attorney:

1. **Power of Attorney for Personal Care**

A Power of Attorney for Personal Care is a legal document in which one person gives another person the authority to make personal care decisions on their behalf if they become mentally incapable. The person who is named as the attorney does not have to be a lawyer.

2. **Continuing Power of Attorney for Property**

A Continuing Power of Attorney for Property is a legal document in which a person gives someone else the authority to make decisions about their finances. The person who is named as the attorney does not have to be a lawyer. The power of attorney is called "continuing" because it can be used after the person who gave it is no longer mentally capable to make the financial decisions themselves. Some people use the word "durable" which means the same as "continuing."

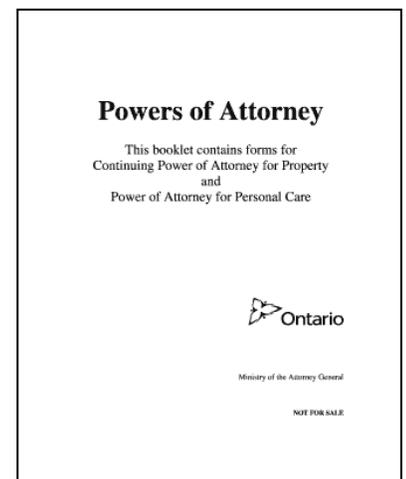
This booklet contains forms for Continuing Power of Attorney for Property and Power of Attorney for Personal Care.

<https://www.attorneygeneral.jus.gov.on.ca/english/family/pgt/poa.pdf>

Substitute Decision Maker (SDM)

A SDM is a person who is authorized to give or refuse consent to treatment, admission to a care facility, or personal assistant services, on behalf of a person who is incapable of making this decision on their own.

Trillium Health Partners has created a brochure that provides information on being a SDM. Ask hospital staff for a copy.



Advanced Care Planning

Advanced care planning is a process that empowers individuals to discuss and specify personal choices about how they wish to be cared for in future medical situations. Advanced care planning may also include appointing someone to make decisions on behalf of the individual should they become unable to do so.

Trillium Health Partners has created a brochure that provides information about advanced care planning. Ask hospital staff for a copy.

Planning for the Future

The Government of Ontario website offers information about estate planning, power of attorney and preparing for emergencies. The page specifically covers:

1. Legal matters
2. Advance care planning
3. Prepare for emergencies
4. Scams, fraud and consumer issues

<https://www.ontario.ca/page/seniors-plan-for-the-future>

These resources are provided for information purposes only and are not intended as a substitute for medical care. If you have any questions about your health care, please consult with your health care provider. Inclusion of a resource does not imply endorsement by Trillium Health Partners.