



Caring for Your Baby

Diapers and Clothes

How do I change my baby's diapers?

- Have everything you need before you lay your baby down to change the diaper
- Change your baby each time the diaper is dirty or wet.
- Use a clean washcloth with warm water or disposable baby wipes for the diaper area - wipe from front to back
- You may need to change the diaper before and after each feeding
- Tabs come from the back of the diaper and fasten at the front
- Never leave your baby unattended – If you can't reach what you need take your baby with you
- Wash your hands after each diaper change to prevent the spread of germs