



Caring for Your Baby

How do I take care of my baby's skin?

- Apply olive oil or zinc oxide cream to your baby's bottom and between the legs if needed for skin redness.
- Do not use powder on your baby as it can cause breathing difficulties.
- Use unscented, hypoallergenic skin lotions or oils to keep the skin moist as needed.
- Do not expose baby to direct sunlight or place baby by a bright window to avoid the harmful solar rays and risk of dehydration.
- Do not use sunscreen on your baby until your baby is 6 months of age or older.