YOUR COMMUNITY HEALTH CARE OPTIONS

When you or your family do not need emergency care, these options are available to you.



Family Doctor, Nurse Practitioner or Walk-in Clinics

Search online for clinics near you at <u>mississaugahaltonhealthline.ca</u> and <u>centralwestoht.ca/services/navigate-health-services/</u>.



Health811

Connect with a registered nurse day or night for free, secure and confidential health advice. Dial 811 or visit Health811.ontario.ca.



Regional Virtual Urgent Care

Connect with a nurse practitioner virtually at regional-virtual-urgent-care.ca.



Urgent Care Centres

Trillium Health Partners' Urgent Care Centre at Queensway Health Centre is open daily from 3–9 p.m. for non-life-threatening concerns. William Osler Health System's Urgent Care Centre at Peel Memorial is open 24/7. **Infants 6 months or younger should visit the Emergency Department.**



Mississauga Paediatric Care Clinic

Cough, cold and flu clinic for those 6-months to 17-years. **By appointment only - extended hours, including Saturdays available.** Call 905-272-9900 extension 240 or visit <u>summervillefht.com</u>.



The Canadian Mental Health Association (CMHA)

Phone and virtual support for anxiety, suicidal ideations, sexual assault, abuse, addiction and more. Visit cmhapeeldufferin.ca.

If you need emergency care, please call 911 or go to your closest Emergency Department. Keep yourself and your community safe by getting your flu and COVID-19 vaccines. For information on vaccines, when to seek emergency care and more, visit thp.ca or williamoslerhs.ca.







