

Where to Seek Care This Holiday Season



Mississauga Health
Ontario Health Team
Partnering for your health

Virtual Urgent Care

The Regional Virtual Urgent Care Program is available to residents in the central region of Ontario who require timely access to a nurse practitioner for urgent non-life-threatening conditions that can be addressed virtually.

Book online at:

www.regional-virtual-urgent-care.ca

Clinic Information

Virtual
Hours: 1pm - 9pm, daily

Holiday Hours

Open during all current hours, inclusive of statutory holidays.

Health811

Formerly Telehealth Ontario/Health Connect Ontario, Health811 is a tool that allows Ontarians to call or chat online with a registered nurse for health care advice or for information on how to find a family doctor. The service is available 24 hours a day, 7 days a week by calling 811 or visiting health811.ontario.ca.

Call:

811 (TTY: 1-866-797-0007)

Clinic Information

Call:
Call 811 (TTY: 1-866-797-0007)
24 hours a day, 7 days a week

Holiday Hours

Open during all current hours, inclusive of statutory holidays.

THP Urgent Care

The Urgent Care Centre at Queensway Health Centre provides care for individuals of all ages with non-life-threatening illnesses and injuries, such as sprains, minor burns, broken bones, and fevers.

Call:

416-259-6671

Visit www.thp.ca for more information.

Clinic Information

150 Sherway Drive,
Etobicoke, ON
M9C 1A5
416-259-6671

Holiday Hours

Open daily, 3pm - 9pm

CarePoint Health

Looking for a primary care provider? CarePoint Health can help.

CarePoint Health is an inter-professional care team of allied health professionals and primary care physicians working together to improve the health and wellness of the Mississauga communities. The team serves patients holistically by focusing on the physical, mental and emotional parts of your complete well-being.

Call to book an appointment:

905-362-3508

Visit www.carepointhealth.ca for more information.

Clinic Information

2695 North Sheridan Way
Suite#120
Mississauga, Ontario L5K 2N6

Holiday Hours

All Mississauga clinics closed Dec
25-26 & Jan 1

Credit Valley Family Health Team

The Credit Valley Family Health Team is a multidisciplinary team of health care providers that offers comprehensive medical services to individuals and families, focusing on primary care.

Book online at:

www.patient.medeohealth.com/booking/credit-valley-family-health-team

Visit www.cvfht.ca for more information.

Clinic Information

Suite 101, 2300 Eglinton Ave West,
Mississauga ON L5M 2V8

Holiday Hours

Dec. 23 – 29

Dec 23: 9am - 8pm

Dec 24: 9am - 12pm

Dec 25 & 26: CLOSED. Call 8-1-1 for health support

Dec 27: 9am - 5pm (Open for acute care)

Dec 28: 9am - 12pm

Dec 29: 9am - 12pm

Dec. 30 – Jan. 5

Dec 30: 9am - 8pm (Open for acute care)

Dec 31: 9am - 3pm (Open for acute care)

Jan 1: CLOSED. Call 8-1-1 for health support

Jan 2: 9am - 8pm

Jan 3: 9am - 5pm

Jan 4: 9am - 12pm

Jan 5: 9am - 12pm

Summerville Family Health Team

The Summerville Family Health Team is a multidisciplinary team of health care providers that offers comprehensive medical services to individuals and families, focusing on primary care.

Book online at:

www.summervillefht.com/displayPage.php?page=booknow

Dec. 21 – 27

Dec 21: On call clinic 8am - 2pm

Dec 22: On call clinic 8am - 11am

Dec 23: 9am - 5pm; On call clinic 5pm - 8pm

Dec 24: 9am - 2pm; On call clinic until 5pm

Dec 25 & 26: CLOSED. Call 8-1-1 for health support

Dec 27: 9am - 5pm; On call clinic 5pm - 8pm

Clinic Information

Explore clinic locations at:
www.summervillefht.com/displayPage.php?page=booknow

Holiday Hours

Dec. 28 – Jan. 1

Dec 28: On call clinic 8am - 2pm

Dec 29: On call clinic 8am - 11am

Dec 29: On call clinic 8am - 11am

Dec 30: 9am - 5pm; On call clinic until 8pm

Dec 31: 9am - 2pm; On call clinic until 5pm

Jan 1: CLOSED. Call 8-1-1 for health support

Mississauga Paediatric Care Clinic

The Mississauga Paediatric Care Clinic provides timely care for flu-like symptoms to children and youth aged 6 months to 17 years without a family physician or after-hours care.

Book online at:

<https://www.summervillefht.com/displayPage.php?page=Pediatric>

Dec. 16 – 21

Dec 16: 9am - 5pm

Dec 17: 9am - 9pm

Dec 18: 1pm - 9pm

Dec 19: 9am - 9pm

Dec 20: 9am - 5pm

Dec 21: 9am - 3pm

Dec. 23 – 28

Dec 23: 9am - 5pm

Dec 24: 9am - 5pm

Dec 25: Closed

Dec 26: 9am - 5pm

Dec 27: 9am - 5pm

Dec 28: 9am - 5pm

Dec. 30 – Jan. 4

Dec 30: 9am - 5pm

Dec 31: 9am - 5pm

Jan 1: 1pm - 5pm

Jan 2: 1pm - 9pm

Jan 3: 9am - 5pm

Jan 4: 9am - 5pm

Clinic Information

101 Queensway West, 7th Floor
Mississauga
905-272-9900 ext. 240
BY APPOINTMENT ONLY - NO WALK-INS

Holiday Hours

Canadian Mental Health Association (CMHA)

CMHA's 24.7 Peel Dufferin Crisis Support Line is available to provide a timely and high-quality response to de-escalate, stabilize and support those in mental health and addiction crisis.

Contact Information

Call at:
905-278-9036

Holiday Hours

Open 24 hours a day, 7 days a week, inclusive of statutory holidays.

Hospice Palliative Helpline

End of life can be an unpredictable. The Hospice Palliative Helpline is here for counselling and emotional support for those seeking information or guidance about Hospice Palliative Care or Bereavement.

Contact Information

Call:
905-667-1865

Holiday Hours

Open 24 hours a day, 7 days a week, inclusive of statutory holidays.

Nucleus

Nucleus Independent Living supports with in-home services for seniors, housing assistance for disabled adults, home care for adults with disabilities, home care relief for caregivers, meal supports and more.

Call:

905-829-4499

Visit www.nucleusonline.ca for more information.

Office Information

2030 Bristol Cir,
Oakville, ON
L6H 0H2

Holiday Hours

Closed Dec 25-26 & Jan 1

Partners Community Health Spend the Day With Us Program

The Spend the Day with Us Program (“the Program”) offers flexible, day-long support with personal care, healthcare, wellness activities, and social interactions, ultimately reducing Alternate Level of Care (ALC) rates, providing seniors on waitlists with immediate supports, enhancing community connections, and improving the quality of life for seniors.

Call:

437-236-6350

Visit www.partnerscommunityhealth.ca for more information.

Centre Information

2180 Speakman Dr.,
Mississauga, ON

Holiday Hours

Closed Dec 25-26 & Jan 1

Alzheimer’s Society of Peel

The Alzheimer’s Society of Peel serves the Region of Peel through its offices in Brampton and Mississauga. Its chapter promotes public and professional awareness of Alzheimer’s disease and related dementias and offers a variety of programs and services. All services and programs operate either free of charge or for a nominal fee. You do not need a diagnosis or a referral to access our services.

Call:

905-278-3667

Visit www.alzheimer.ca/peel/en for more information.

Centre Information

60 Briarwood Avenue,
Mississauga, ON
L5G 3N6

Holiday Hours

All sites, offices, programs, and services will be closed Dec 25 to Jan 1. Regular hours resume on Jan 2

LAMP Community Health Centre

LAMP Community Health Centre is a non-profit charitable organization that provides integrated primary care and health promotion programs and services that support the health and well-being of individuals and communities.

Call:

416-252-6471

Visit www.lampchc.org for more information.

Centre Information

185 Fifth St
Etobicoke, ON
M8V 2Z5

Holiday Hours

Dec 23: 8am - 5pm

Dec 24: 8am - 12pm

Dec 25 - 26: CLOSED

Dec 27: 8am - 5pm

Dec 28 - 29: CLOSED

Dec 30: 8am - 12pm

Dec 31: 8am - 12pm

Jan 1: CLOSED

Regular hours resume Jan 2, 2025

Indus Community Services

Indus Community Services (Indus) is an accredited, not-for-profit community benefit organization that has served local communities for 35 years, focused on building resilient and healthy communities by offering person-centered, anti-oppressive programs and services. It provides health, family and newcomer services.

Call/email at:

905-275-2369

info@induscs.ca

Visit www.induscs.ca to explore services and additional locations

Office Information

3038 Hurontario Street, Suite 206
Mississauga, ON L5B 3B9 Canada

Holiday Hours

Dec 24: Regular hours

Dec 25-Jan 1: CLOSED

Regular hours resume Jan 2,
2025

Dixie Bloor Neighbourhood Centre (DBNC)

Located in the Burnhamthorpe Library building, DBNC has been an institution in the Peel region for its timely and responsive service delivery to newcomers, families, youth, children, seniors, and job seekers. All programs are free of charge and strive to meet the needs of the community.

Call/email at:

905-629-1873

info@dixiebloor.ca

Visit www.dixiebloor.ca for more information.

Centre Information

3650 Dixie Road, Suite 103,
Mississauga, Ontario, L4Y 3V9

Holiday Hours

Dec 23: 8am - 5pm (Virtual only)

Dec 24: 8am - 12pm (Virtual only)

Dec 25 - Jan 1: CLOSED

Regular hours resume Jan 2, 2025

The Indigenous Network

The Indigenous Network is a community-based, non-profit, registered charity whose mission is to provide programs and services to address the spiritual, mental, emotional and physical needs of the Urban Indigenous population of Mississauga and neighbouring regions. Through a supportive social network and culturally appropriate programs and services Indigenous peoples will have the opportunity to develop and strengthen a sense of community in Mississauga.

Call/email at:

905-712-4726

info@theindigenousnetwork.com

Visit www.theindigenousnetwork.com for more information.

Office Information

208 Britannia Road East
Unit 1 Mississauga, Ontario
L4Z 1S6

Holiday Hours

Dec 20 - Jan 6: CLOSED
Regular hours resume Jan 7,
2025

Black Health & Social Services Hub Peel

The Black Health and Social Services (BHSS) Hub offers a range of Afrocentric programs and activities in primary care, mental health and addictions, and social services. Roots Community Services, LAMP Community Health Centre and the Canadian Mental Health Association (CMHA) Peel Dufferin are partnering to offer this initiative which is being designed with the holistic health of the individual as the primary focus.

Call:

647-812-5226

Hub Information

Visit www.bhsshubpeel.ca for more information.

Holiday Hours

Dec 23: 8am - 5pm
Dec 24: 8am - 12pm
Dec 25 - 26: CLOSED
Dec 27, 30, 31: 8am - 5pm
Jan 1: CLOSED
Regular hours resume Jan 2, 2025

Ontario Health atHome

Ontario Health atHome coordinates in-home and community-based care for thousands of patients across the province every day. It assesses patient care needs, and deliver in-home and community-based services to support your health and well-being.

Call:

310-2222 (no area code required) or visit www.ontariohealthathome.ca for more information.

Contact Information

Call 310-2222 (no area code required).

Holiday Hours

8:30am - 9pm, 365 days a year
Office is closed on Dec 25, 26 and
Jan 1