

# MEDICATION DOSING

The correct dose for a child is based on body weight and concentration. Check the bottle and read the package carefully. It is best to use a paediatric measuring cup, measuring spoon or oral syringe to give liquid medications to children. If a recommended product is unavailable, or if you are unsure, speak to your pharmacist to select an available product and confirm the right amount of medication to give.

**ACETAMINOPHEN: Child's Weight (kg) \_\_\_\_\_ Child's Dose (mg) \_\_\_\_\_**

DOSE	INSTRUCTIONS (mL)	INSTRUCTIONS (mg)
<b>15 mg/kg every 4 hours as needed</b>	Give ___ mL of 80 mg/mL infant drops	Give ___ tablets of 80 mg tablet(s)
	Give ___ mL of 160 mg/5 mL children's liquid	Give ___ tablets of 325 mg tablet(s)
		Give ___ tablets of 500 mg tablet(s)

**IBUPROFEN: Child's Weight (kg) \_\_\_\_\_ Child's Dose (mg) \_\_\_\_\_**

DOSE	INSTRUCTIONS (mL)	INSTRUCTIONS (mg)
<b>6 months and over: 10 mg/kg as needed every 6 hours</b>	Give ___ mL of 200 mg/5 mL infant drops	Give ___ tablets of 100 mg tablet(s)
	Give ___ mL of 100 mg/5 mL children's liquid	Give ___ tablets of 200 mg tablet(s)
		Give ___ tablets of 400 mg tablet(s)

## What if I Cannot Find Medication?

If infant or children's medication is not available, caregivers can consider splitting and/or crushing adult tablets and mixing with small amounts of juice, applesauce or pudding. **Do not use extended-release (long acting) tablets.**

## ACETAMINOPHEN (TYLENOL)

Adult tablets that can be used are REGULAR 325 mg tablets or EXTRA STRENGTH 500 mg tablets. **Do not use extended release forms or Acetaminophen Arthritis Relief products.** Check with your pharmacist for assistance if needed. Doses can be given every 4 hours, for a maximum of 5 times a day.

Age	Weight	Usual Dose	Suggested oral tablet option
4-11 mo	12-17 lbs (5.4-8.1 kg)	80 mg	<b>81.25 mg (1/4 of 325 mg tab)</b>
1-2 yr	18-23 lbs (8.2-10.8 kg)	120 mg	<b>125 mg (1/4 of 500 mg tab) OR 81.25 mg for cautions dosing</b>
2-3 yr	24-35 lbs (10.9-16.3 kg)	160 mg	<b>162.5 mg (1/2 of 325 mg tab)</b>
4-5 yr	36-47 lbs (16.4-21.7 kg)	240 mg	<b>250 mg (1/2 of 500 mg tab) OR 243 mg (3/4 of 325 mg tab)</b>
6-10 yr	48-71 lbs (21.8-32.6 kg)	320-400 mg	<b>325 mg tab</b>
11 yr and older	72 lb (32.7 kg) and higher	480-500 mg	<b>500 mg tab</b>

## IBUPROFEN (ADVIL/MOTRIN)

Adult tablets come in 200 mg, 300 mg, and 400 mg. **Do not give extended-release forms or gel-capsules.** Check with your pharmacist for assistance if needed. Doses can be given every 6 to 8 hours as needed.

Age	Weight	Usual Dose	Suggested oral tablet option
6-11 mo	12-17 lbs (5.4-8.1 kg)	50 mg	<b>50 mg (1/4 of 200 mg tab)</b>
1-2 yr	18-23 lbs (8.2-10.8 kg)	75-80 mg	<b>75 mg (1/4 of 300 mg tab) OR 50 mg for cautions dosing</b>
2-3 yr	24-35 lbs (10.9-16.3 kg)	100 mg	<b>100 mg (1/2 of 200 mg tab)</b>
4-5 yr	36-47 lbs (16.4-21.7 kg)	150 mg	<b>150 mg (1/2 of 300 mg tab OR 3/4 of 200 mg tab)</b>
6-10 yr	48-71 lbs (21.8-32.6 kg)	200-250 mg	<b>200 mg tab</b>
11 yr and older	72 lb (32.7 kg) and higher	300 mg	<b>300 mg tab OR 300 mg (1 and 1/2 of 200 mg tab)</b>

For more information, visit our website by scanning the QR code.

