

Find the care that's right for you.

Knowing where to go can save time and help you find care close to home. Scan the QR code to explore all your care options.

For emergencies, call 911 or visit your nearest Emergency Department.



Primary Care

See your family doctor, nurse practitioner or visit a walk-in clinic. Find local options at:

- 👉 Mississauga Halton Healthline
- 👉 Central West OHT website



Health Advice 24/7

Free, confidential 24/7 health advice from a nurse.

- 📞 Call 811
- 👉 health811.ontario.ca



Virtual Care

See a nurse practitioner online.

- 👉 regional-virtual-urgent-care.ca



HealthPod

Book same-day care in a one-person virtual clinic for urgent, non-life-threatening health concerns.

- 👉 insighthealthsolutions.com/innovation/healthpod



Urgent Care

- 👉 THP Queensway Health Centre: Daily 3–9 p.m.
 - 👉 Osler Peel Memorial: Open 24/7
- Infants under 6 months should go to the Emergency Department.*



Paediatric Cold & Flu Care

Cough, cold & flu care for ages 6 months – 17 years. By appointment only.

- 📞 905-272-9900 ext. 240
- 👉 summervillefht.com



Mental Health Support

Get help for anxiety, crisis, or addiction.

- 👉 cmhapeeldufferin.ca



Local Pharmacy

Get prescriptions for cold, flu and common ailments without a doctor's visit.

- 👉 ontario.ca/health

BETTER CARE. BETTER HEALTH. BETTER TOGETHER.

