





Here are some examples to help decide if your child needs emergency care:

Emergency	Not an emergency
<p>Breathing problems:</p> <ul style="list-style-type: none"> respiratory distress (working hard to breathe or breathing faster than normal) pale skin, whitish or blue lips asthma or wheezing and not responding to prescribed medications 	<p>Breathing problems:</p> <ul style="list-style-type: none"> nasal congestion and cough (even if it interrupts sleep) symptoms of the 'common cold' mild asthma or wheezing that responds to usual puffers
<p>Fever:</p> <ul style="list-style-type: none"> in a child less than 3 months old with immune system problems or complex chronic health problems and very sleepy or difficult to wake for more than 5 days in a child any age 	<p>Fever:</p> <ul style="list-style-type: none"> in healthy and vaccinated babies in children who appear generally well 
<p>Vomiting or diarrhea:</p> <ul style="list-style-type: none"> in a child less than 3 months old repeated vomiting and unable to keep liquids down vomiting or diarrhea containing large amount of blood vomiting bright green dehydration with dry mouth or no urine for more than 12 hours 	<p>Vomiting or diarrhea:</p> <ul style="list-style-type: none"> vomiting or diarrhea less than 3-4 times a day ongoing diarrhea after 'stomach flu' (this can last up to 2 weeks)
<p>Injuries:</p> <ul style="list-style-type: none"> head injury with loss of consciousness (passing out) or confusion head injury with visible bump behind the ears, sides of the head, or back of the head head injury with visible swelling and the child is less than 3 months old fall more than 5 feet or 1.5 metres cuts with gaping edges or continuing to bleed despite direct pressure burns that blister and are larger than a Loonie injury to arm or leg that looks crooked, causes inability to use the limb, or creates swelling that does not go down with ice and rest over 48 hours eye injuries injury causing chest or stomach pain 	<p>Injuries:</p> <ul style="list-style-type: none"> minor head injuries (with no loss of consciousness, no confusion and no vomiting) mild head injuries with normal behavior within 4 hours of injury and bumps (even large) to the forehead scrapes and bruises where the injured part can still be used sun burns 
<p>Rashes:</p> <ul style="list-style-type: none"> fever with a rash that looks like either blisters or bruises that don't turn white or fade when you push on them 	<p>Rashes:</p> <ul style="list-style-type: none"> recurring rashes or skin problems rashes with cough and cold symptoms, if the child looks well mild hives that respond to antihistamines without difficulty breathing or throat/tongue swelling
<p>Poisoning:</p> <ul style="list-style-type: none"> if your child ingests a chemical, medication or poison, call the poison control centre at 1-800-567-8911. Come to emergency if directed by them 	<p>Poisoning:</p> <ul style="list-style-type: none"> if your child ingests a chemical, medication or poison, call the poison control centre at 1-800-567-8911. Follow their instructions