



**Find Colon Cancer Early.  
Ask for a FIT Kit Today.**

# How to Get Checked for Colon Cancer

## Getting a FIT Kit

A FIT Kit is a safe and effective screening test for colon cancer. It checks stool for tiny amounts of blood. Your healthcare provider will advise you if further testing (e.g. colonoscopy) is required.

## Eligibility

### 50-74 years

*You are eligible even if you have no family history of colon cancer or symptoms.*

## How to book

To get your free FIT Kit, talk to your healthcare provider. If you do not have a family doctor or nurse practitioner, you can get a FIT Kit by calling Health Connect Ontario at 1-866-828-9213.



mhcw\_cancer



[www.thp.ca/CancerServices](http://www.thp.ca/CancerServices)

**Mississauga Halton Central  
West Regional Cancer Program**

Ontario Health (Cancer Care Ontario)