

Where to start... Breast Cancer

Resources to help you when you **start** to look for information about Breast Cancer

Which reliable websites can I visit to learn about breast cancer?

- [Canadian Cancer Society website](http://www.cancer.ca): www.cancer.ca
- [Canadian Breast Cancer Network website](https://www.cbcn.ca/en/): https://www.cbcn.ca/en/
- [American Cancer Society website](https://www.cancer.org/cancer/breast-cancer.html): https://www.cancer.org/cancer/breast-cancer.html
- [Public Health Agency of Canada's website](http://www.phac-aspc.gc.ca/cd-mc/cancer/breast_cancer-cancer_du_sein-eng.php): www.phac-aspc.gc.ca/cd-mc/cancer/breast_cancer-cancer_du_sein-eng.php

What community organizations can support people with breast cancer?

- **Canadian Cancer Society**
 - For more information, go to the [Support and Services page of the Canadian Cancer Society's website](https://action.cancer.ca/en/living-with-cancer/how-we-can-help): https://action.cancer.ca/en/living-with-cancer/how-we-can-help
- **Wellspring**
 - For more information, go to [Wellspring's website](http://www.wellspring.ca): www.wellspring.ca
- **Rethink Breast Cancer**
 - For more information, go to the [Rethink Breast Cancer website](http://www.rethinkbreastcancer.com): www.rethinkbreastcancer.com
- **National L.G.B.T Cancer Network**
 - For more information, go to the [National L.G.B.T Cancer Network's website](https://cancer-network.org/): https://cancer-network.org/
- **Young Adult Cancer Canada**
 - For more information, go to the [Young Adult Cancer Canada website](http://www.youngadultcancer.ca): www.youngadultcancer.ca
- **Cancer Chat Canada**
 - For more information, go to the [Cancer Chat Canada website](https://cancerchat.desouzainstitute.com/): https://cancerchat.desouzainstitute.com/

How can I get information about breast cancer over the telephone?

Call the **Canadian Cancer Society** at **1-888-939-3333**.

What books can I read to learn about breast cancer?

- **Title:** 100 Questions and Answers About Breast Cancer
Author: Zora K. Brown
- **Title:** Quick facts Breast Cancer: What You Need to Know - Now
Author: American Cancer Society
- **Title:** Doctor Susan Love's Breast Book
Author: Susan M. Love
- **Title:** The Intelligent Patient Guide to Breast Cancer
Author: Cheryl Edwards
- **Title:** The Breast Cancer Survival Manual
Author: John Link
- **Title:** Navigating Breast Cancer: A Guide for the Newly Diagnosed
Author: Lillie Shockney
- **Title:** John Hopkins Patients Guide to Breast Cancer
Author: Lillie Shockney
- **Title:** Mayo Clinic Guide to Women's Cancers
Author: Lynn Hartmann
- **Title:** Intimacy after Breast Cancer: A practical guide to dealing with your body, relationships and sex
Author: Gina M. Maisano

Important Note:

Trillium Health Partners made this document to provide patients, families and caregivers with resources to help them learn about breast cancer. Trillium Health Partners does not endorse any community services or resources mentioned in this document. The information in this document does not replace medical advice. Every effort has been made to ensure information in this document is complete, correct and up-to-date but no guarantee is made to that effect. By using this document, you agree to use any of the resources mentioned at your own risk. If you have any questions or concerns about the information in this document, please talk to your healthcare team.

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Updated: May 2021