



Where to Start... Young Adults with Cancer

Suggested resources when you **start** to look for information about
Young Adults with Cancer

<p>Websites</p>	<p>Canadian Cancer Society</p> <ul style="list-style-type: none"> • www.cancer.ca <p>Provides information on prevention, research, support services, and numerous on-line publications for young adults with cancer.</p> <p>Fertile Future</p> <ul style="list-style-type: none"> • www.fertilefuture.ca <p>Provides information, education and support to young cancer patients and their families when facing cancer treatment that can affect fertility.</p>
<p>Support</p>	<p>Cancer Fight Club</p> <ul style="list-style-type: none"> • www.cancerfightclub.com <p>Provides young adult patients and survivors, caregivers, family and friends access to resources and support services that help guide through cancer.</p> <p>Pink Pearl</p> <ul style="list-style-type: none"> • www.pinkpearlfoundation.org <p>Provides support of young women facing cancer.</p> <p>Stupid Cancer</p> <ul style="list-style-type: none"> • www.stupidcancer.org <p>Focuses on empowering young adults affected by cancer.</p> <p>Rethink Breast Cancer</p> <ul style="list-style-type: none"> • www.rethinkbreastcancer.com <p>Provides online resources and social media spaces for young women with breast cancer to help make friends, share knowledge and find support.</p> <p>Wellspring</p>

<p>Support Continued</p>	<ul style="list-style-type: none"> • www.wellspring.ca <p>Provides services to young adults with cancer and their families, including support groups, presentations, exercise and relaxation programs.</p> <p>Young Adult Cancer Canada</p> <ul style="list-style-type: none"> • www.youngadultcancer.ca <p>Focuses on inspiring, informing and supporting young adults, ages 15-39, dealing with cancer.</p>
<p>Videos</p>	<p>Valleys (TV Series)</p> <ul style="list-style-type: none"> • www.youtube.com/watch?v=XqXpNpH9YeM&list=PLx51-5kjfiVwR5KA9Z0k_VIWqJQMMtO3U <p>Wrong way to Hope: Inspiring Story of Young Adults & Cancer (DVD)</p> <ul style="list-style-type: none"> • vimeo.com/46240615
<p>Telephone</p>	<p>Canadian Cancer Society's Information Service</p> <ul style="list-style-type: none"> • 1-888-939-3333 <p>Young Adult Cancer Canada</p> <ul style="list-style-type: none"> • 1-877-571-7325
<p>Books</p>	<p>Title: Crazy Sexy Cancer Tips Author: Kris Carr</p>

These resources are provided for information purposes only and are not intended as a substitute for medical care. If you have any questions about your healthcare, please consult with your healthcare provider. Inclusion of a resource does not imply endorsement by the Trillium Health Partners.